Part 1 | With new men joining the group, please introduce yourself to the men in your group.

1. Introductions
    a. Where do you live?
    b. Where do you work?
    c. What is your family structure/composition?
    d. What is one thing about you that makes people laugh OR one thing few people know about you?

2. What are two things you are hoping or expecting to gain/learn/receive/take-away from this Heart of a Man season?

3. On a scale of 1-10, how are you doing right now and why (1 being terrible, 10 being amazing)?

Part 2 | Read 1 Timothy 1:1-2

1. Why do you think Paul (formerly known as Saul) said he was an apostle "by command of God"? (*See Acts 9:1-31*)

2. What do you think Paul means when he calls Timothy his "true son/child in the faith"? *(See Acts 16:1-3, 1 Corinthians 4:14-15, 7:7-8, and Philippians 2:19-23)*

3. What key person or people have had the most significant impact in helping you grow spiritually?

4. In whom have you made a significant spiritual investment?
    a. What has motivated you to do so?
    b. What have been the most impactful methods?

Day 1 | Read 1 Timothy 1:3-4, Matthew 7:15, Acts 20:29-31 and Romans 16:17-18

Principle: God wants us to recognize false doctrines and prevent them from being taught to Christians.

1. Focusing on verse 3, why is Paul telling Timothy to stay in Ephesus?

2. What are false doctrines and which ones do you see being promoted in Christian communities?

Day 2 | Read 1 Timothy 1:3-6, John 6:14, 28-29, Matthew 22:37-40 and 28:18-20

Principle: Men who argue about genealogies and myths propagate controversies instead of doing God's work.

1. Focusing on verse 4, what work do you think men are avoiding by debating non-essential religious content?

2. What work of God do you consistently avoid and what helps you rationalize why you don't do it?

Day 3 | Read 1 Timothy 1:3-6, Matthew 22:37-40, and 1 John 4:7-11

Principle: God wants us to develop a pure heart, a good conscience, and a sincere faith; from those will come genuine love.

1. Focusing on verse 5, why would love be the goal of Paul's command to stop teaching false doctrine?

2. Why would a pure heart, a good conscience, and a sincere faith help us develop a genuine love?

Day 4 | Read 1 Timothy 1:7-11, Mark 7:6-8, and Romans 7:21-25

Principle: Men who do not understand the law and its purpose lead people away from the true gospel.

1. What does Paul describe as the purpose of God's laws?

2. In what ways have you been hurt by people who have misapplied the commands of God?

3. What do you need to help you recognize and confess your daily sins and their root cause?

Day 1 | Read 1 Timothy 1:12-14, Matthew 4:18-22, and 2 Corinthians 9:8, 12:9

Principle: Jesus chooses his followers and gives them what they need to follow and serve Him.

1. What were all the gifts Paul received from Jesus?

2. Why would God equip us after he calls us, instead of the other way around?

Day 2 | Read 1 Timothy 1:12-17, 1 Corinthians 1:28-29, Romans 9:14-24, 10:9, and Ephesians 2:8-10

Principle: Jesus came to save even those who have been wicked.

1. Why does Jesus save even the worst people in the world?

2. A longstanding debate exists about God's choice of who is saved and man's freedom to choose. What scripture helps support your view of this difficult topic?

Day 3 | Read 1 Timothy 1:18-20, 2 Corinthians 10:3-5, Ephesians 6:10-13, 2 Timothy 4:7, and Jude 1:3.

Principle: God equips us to stay faithful and to fight against that which opposes Him.

1. What was Timothy given and in what fight was he told to engage?

2. When have you sensed that you were called to fight for something that is critical to God?

Day 4 | Read 1 Timothy 1:18-20, Proverbs 3:11-12, Matthew 4:1, Luke 22:31-32, 1 John 5:19, Job 1:12, and 1 Peter 5:8.

Principle: God allows men to be attacked by Satan as part of His spiritual discipline for them.

1. How can a man "shipwreck" his faith?

2. Why would God use Satan to teach us to not blaspheme?

Day 1 | Read 1 Timothy 2:1-2, John 17, Mark 1:35, and Acts 1:14

Principle: Men who follow Jesus must pray.

1. Why do you think Paul made such a strong statement about prayer being the first order of business for believers at the church at Ephesus?

2. What are a few key indicators in your daily life that help you know when you have neglected prayer?

Day 2 | Read 1 Timothy 2:3-8, Isaiah 52:7, Luke 19:10, and 2 Peter 3:9

Principle: Men living at peace with God and with other men pray to Jesus for the salvation of the lost.

1. Why would Paul command the Christians in the church of Ephesus to pray to Jesus for the lost?

2. How does a broken relationship with another person impact your heart and mind when you try to pray?

Day 3 | Read 1 Timothy 2:9-10, John 15:18-21, Romans 7:18, 8:13, and Galatians 5:13

Principle: Christians that try to blend into the culture will struggle to stay committed to following Jesus.

1. Recognizing that the dominant culture embraced temple prostitutes who dressed provocatively and adorned their hair as part of worship to Artemus, why would Paul make such a dramatic demand on the women of Ephesus?

2. In what ways do you find yourself trying to blend into the culture and how does this impact your efforts to walk faithfully with Jesus?

Day 4 | Read 1 Timothy 2:11-15, Genesis 1 and 2, and Ephesians 5:22-33

Principle: Christian men and women are to respect the created order established by God.

1. Why do you think God created order in the universe and an authority structure with God, man, women, and creation?

2. How have we distorted what God orginally designed and how does that distortion make following his prescribed order difficult?

3. What are some possible reasons God might want men leading spiritually?

Day 1 | Read 1 Timothy 3:1-7, Matthew 4:18-22, 28:18-20, Acts 6:1-4, and 1 Corinthians 12:12-28

Principle: God's church needs worthy leaders who view leadership as a noble cause.

1. What would motivate a man to lead other Christians?

2. Why does this text set the bar set so high for men who accept leadership roles in the church?

Day 2 | Read 1 Timothy 3:1-10, Jeremiah 17:10, Proverbs 10:9, 11:3, 17:3, Matthew 15:18-19, and Hebrews 4:13

Principle: Christian leaders must work to develop their character not their reputation.

1. What type of character traits do these qualifications require?

2. Why do so many men fail in leadership roles?

Day 3 | Read 1 Timothy 3:11-13, Romans 12:3, 1 Corinthians 13:4-8, and Galatians 5:22-23

Principle: A Christian man's character will be revealed in the health of his family.

1. Why is the condition of a man's family such a critical part of his Christian leadership qualifications?

2. What does it mean to manage your children and your household well?

Day 4 | Read 1 Timothy 3:14-16, Romans 12:4-5, 1 Corinthians 12:13, and Ephesians 1:22-23, 5:25-27

Principle: God's church is God's dwelling, His family, and the foundation of the truth.

1. What do you learn about the nature of the church from these passages?

2. Based on this text, why do you think it is important to be an active part of a local church?

3. If God knew His people would be sinful and dysfunctional in the church, why did He make the church so critical to carrying the truth and being a place where He dwells?

Day 1 | Read 1 Timothy 4:1-2, Matthew 3:16-17, 7:15-20, Galatians 1:9-12, and 1 John 2:22

Principle: False teachers, driven by demonic influence, are always at work pulling believers away from Jesus.

1. Based on the references noted above, how should we be able to identify false teachers and their false doctrines?

2. What causes your conscience to become numb to bad teaching that may be hurting you?

Day 2 | Read 1 Timothy 4:3-10, John 15:1-11, 1 Corinthians 10:31, 1 John 3:8-10, and 2 Peter 1:3

Principle: Godliness is achieved by trusting in God and his goodness as displayed in all of His creation.

1. What would cause men to say that marriage and food are bad when God created both?

2. How does Paul help define "Godliness" in this section of scripture?

3. What is promoting godliness in your life and what might be pulling you away from God?

Day 3 | Read 1 Timothy 4:11-16, Genesis 1:26-28, Ephesians 4:28, 5:25-33, and 1 Peter 2:15-16

Principle: God calls men to lead through teaching scripture and through living what they teach.

1. What were all the ways Timothy was instructed to exercise his leadership?

2. What "calling" do you think is common to all Christians? What calling has He given to you specifically and how is He equipping you for it?

Day 4 | Read 1 Timothy 4:15-16, Romans 10:14-15, Ephesians 3:14-19, 6:18, and Galatians 6:2

Principle: God requires us to be diligent and to persevere so that people will be saved.

1. How could Timothy save himself and the other hearers?

2. How is your spiritual laziness potentially hurting you and the people whom God has put in your life?

Day 1 | Read 1 Timothy 5:1-2, Leviticus 19:32, Proverbs 16:31, 1 Peter 5:5

Principle: Christian men should treat other believers with respect and kindness.

1. What is Paul trying to teach Timothy about how to treat men and women of different life stages?

2. Which people group(s) do you need to treat with more respect and kindness and in what ways?

Day 2 | Read 1 Timothy 5:3-11, Exodus 22:22-23, Deuteronomy 10:18, James 1:27

Principle: Christian families, as a response to their faith, should care for their relatives who are widows.

1. Why should families care for their relatives who are widows?

2. Which people in your family need help, and for what reasons are you reluctant to help?

Day 3 | Read 1 Timothy 5:3-16, Proverbs 31:10 & 31:20, Acts 9:36, Titus 2: 3-5

Principle: The church needs to wisely care for all of its members who need support.

1. What are all of the qualifications which the church should verify before supporting a widow? Why is this important?

2. What criteria have you been using to determine whether you personally will help people who ask?

Day 4 | Read 1 Timothy 5:11-16, Proverbs 31:27, 1 Corinthians 7:8-9, 2 Thessalonians 3:11-12

Principle: Young Christian women need help managing their unique risks as widows.

1. What were Paul's concerns about the young widows and what did he recommend?

2. What type of risks do you think young ladies are being exposed to today after having been divorced, abandoned, or widowed?

3. How do you think men in the church should be responding to these realities?

Day 1 | Read 1 Timothy 5:17-18, Numbers 18:8-9, 1 Corinthians 9:7-14, and James 3:1

Principle: When church leaders do their job well, they should be treated with respect and honor.

1. What are some ways that church members and the organization should show respect and honor to its preachers and teachers, and why is that important?

2. What should you be doing to ensure that those who have helped you grow spiritually feel honored and respected?

Day 2 | Read 1 Timothy 5:19-21, Deuteronomy 19:15, Matthew 7:1-5, and Matthew 18:15-18

Principle: Christians need to treat each other with fairness and justice when accusations of wrongdoing are presented.

1. Based on this text, if a Christian leader is a accused of a failure, how should these accusations be handled?

2. Why do numerous Christians (both pastors and members) leave the church due to disputes with other believers?

Day 3 | Read 1 Timothy 5:22-25, Acts 1:24, 6:3, and 2 John 10-11

Principle: Christian leaders should be chosen with wise deliberation.

1. What are some of the risks of hiring the wrong leaders within the church?

2. Why are you impatient, and in what ways has it led to costly mistakes in your life?

Day 4 | Read 1 Timothy 6:1-2, Exodus 31:3-6, Proverbs 14:35, Mark 10:43-45, and Colossians 3:22-24

Principle: Christians should show their love for the gospel through hard work and respect for their supervisors.

1. How would lack of respect by a servant towards his master diminish God's name and His teaching?

2. How have you seen employees use their Christianity to take advantage of a Christian employer?

3. How would being exceptionally good at your job help people in your workplace experience God?

Day 1 | Read 1 Timothy 6:3-5, Proverbs 16:18, and James 3:14-16

Principle: False doctrine is an indicator of character issues within those who profess it.

1. What are the characteristics of a person who promotes false doctrine?

2. How have you seen your pride surface in spiritual matters and how has it created division in the church, your family, your friendships, etc.?

Day 2 | Read 1 Timothy 6:6-8, Psalm 37:16, Ecclesiastes 5:15, and Philippians 4:11-12

Principle: Christian contentment is grounded in our love for God, not what we get from God.

1. How does knowing we "arrive with nothing and leave with nothing" bring contentment?

2. Who or what do you often rely upon to find happiness or peace?

Day 3 | Read 1 Timothy 6:9-10, Proverbs 11:28, Ecclesiastes 5:10, Matthew 6:24, and Matthew 15:19

Principle: A desire to be rich can cause Christians to fall when tempted by the things of this world.

1. How does a desire to be rich cause Christians to fall when tempted by the world?

2. What causes you to desire more money, and when does this become a problem for you?

Day 4 | Read 1 Timothy 6:9-10, Exodus 20:3, Matthew 6:19-20, and Matthew 19:23-26

Principle: A love for money can cause Christians to become a source of evil in the world.

1. What is a love of money and how does it become a source of evil in the world?

2. Why are some Christians wealthy, and in what ways might they be accountable for creating a desire for money in other Christians?

Day 1 | Read 1 Timothy 6:11, Micah 6:8, and Galatians 5

Principle: Followers of Jesus flee from selfish desires and pursue the character traits of Jesus.

1. Why are these six virtues important to pursue, and how does a person actually pursue them?

2. How do you personally know when you are excelling in any of these virtues and how do you know when you are falling short?

Day 2 | Read 1 Timothy 6:12, Exodus 14:14, Psalm 34:17-18, Ephesians 6:11, 1 Peter 5:5, and James 4:1-3

Principle: Experiencing the joy of kingdom life in the present life requires that we fight personal battles.

1. Who or what is Timothy supposed to fight and why is that a "good" fight of faith?

2. What battles have you faced in maintaining your faith and experiencing the kingdom of God in your daily life?

Day 3 | Read 1 Timothy 6:13-14, Psalm 119:1, Matthew 7:24-27, Romans 8:12-17, and James 1:22

Principle: Christians are to live in a manner that reflects the imminent return of Jesus.

1. What does it mean to live above reproach, and how is that possible?

2. How does the knowledge that Jesus could return at any moment influence how you view the areas of your life in which you are intentionally living by your own rules?

Day 4 | Read 1 Timothy 6:15-16, 1 Chronicles 29:11, Habakkuk 1:13, 2 Corinthians 5:21, and Philippians 2:9

Principle: God alone is sovereign, unseen, and unapproachable without Jesus.

1. Why do you think Paul gave Timothy this comprehensive description of God at this point in this letter?

2. How should your understanding of God impact how you feel about Jesus?

Day 1 | Read 1 Timothy 6:17, Proverbs 23:4, Lamentations 3:24, Matthew 6:24, Luke 12:33, and 1 Peter 1:3

Principle: Christians who have wealth must be careful to put their trust and hope in God instead of their money.

1. Why did Paul tell Timothy to instruct wealthy Christians to trust in God instead of their wealth?

2. How has money or a lack of money impacted your heart and your trust in God?

Day 2 | Read 1 Timothy 6:18, Deuteronomy 15:10, Proverbs 19:17, Matthew 25:34-36, and Philippians 2:4

Principle: Christians who have wealth should be generous with their money and use more of their time to do good works.

1. What happens to wealthy Christians when they are generous with their time and money?

2. **Go to bit.ly/globalwealth24**. *Read this article to see where your income fits in the global picture of wealth.* With that insight, what are some ways you could improve your generosity of time and money?

Day 3 | Read 1 Timothy 6:19, Proverbs 3:9-10, and Matthew 6:19-20

Principle: Christians can create treasure in heaven and build a foundation for their eternal life.

1. How does generosity build a foundation for eternal life?

2. What change in your investments do you need to make to start building a stronger eternal foundation?

Day 4 | Read 1 Timothy 6:20-21, Psalm 119:11, Proverbs 3:5-8, 2 Corinthians 10:5, Colossians 2:8, 2 Timothy 1:13-14, and 1 Peter 5:8-9

Principle: As Christians, we must guard our faith in Jesus and turn away from everything that threatens it.

1. What does Paul describe as "threats" to Timothy's faith, and how do you think he expects Timothy to guard what was entrusted to him?

2. What do you personally do to guard your heart and in what ways are you allowing the world access to your heart?