

Day 1 | Read Exodus 15:22-16:3, Exodus 14:10-12, Genesis 12:11-13, 1 Kings 19:3-4, and Mark 4:40.

Principle: Fear often causes man to doubt God's provision.

- 1. Despite God's provision for the Hebrews, why did they grumble when food and water became sparse? Who did they blame?
- 2. How do you typically respond to hardships, and who is it that most often feels the impact of your response?

Day 2 | Read Exodus 16:4-12, Deuteronomy 8:2, Judges 6:12-16, John 6:5-6, and John 18:17.

Principle: Our trust in God's provision is revealed through our obedience to Him.

- 1. Why did God connect the blessings of His promises to obedience to His specific instructions?
- 2. What tests in your life have helped you see clearly whether or not you truly trust God?

Day 3 | Read Exodus 16:13-30, Lamentations 3:22-24, John 6:27, and Matthew 6:25-34.
Principle: God cares about His people and faithfully provides for our daily needs.
1. What were the key elements of God's provision in this text, and how did it help build the Hebrews' trust in Him?

2. What practical habits and routines do you personally need in your life to intentionally remember God and strengthen your daily trust in Him?

Day 4 | Read Exodus 16:31-36, Deuteronomy 8:3, and John 6:48-51.

Principle: God commands His people to remember His provision.

1. Why did God command Moses to preserve two liters of manna?

2. What have you done (or should you do) to memorialize the pivotal moments of God's provision for you and your family? Please share one of these memorialized moments if you have one.